**Bricks a plenty - Talk**

**Opening:**

**How** are you feeling today? How awake are you? Did you get a good night’s rest? Do you feel energized? How is your excitement level? Has the anticipation taken hold yet? Are you glad you are here? Are you pumped up? Are your connectors connecting? Are all your systems on GO?

**Reflect** back over the course of your lifetime, searching **the past** (Hold up your hand as if it’s a rear view mirror) – **the current** (Look around this is your current) – **the future** (Lean forward, set your hands as binoculars and peer into the future) – **the unknown** (Take your hand a scratch your chin) - has disappointment ever caused temporary feelings of letdown? Repeated, disappointment may cause discouragement to set in. That can affect us in a variety of ways.

**Okay** let’s practice what we just Heard…Past…Current…Future…Unknown…Past…Current…Future…Unknown.

**Listen** to the following questions answer them YES or NO…Right Hand YES / Left Hand NO

1. Have you ever experienced something that **could** have brought you to your knees? Yes/No
2. Have you ever experienced something that **should** have brought you to your knees? Yes/No
3. Have you ever experienced something that **might** have brought you to your knees? Yes/No
4. Have you ever experienced something that **knocked** the wind out of your sails? Yes/No
5. Have you ever experienced something that **questioned** your motives? Yes/No
6. Have you ever experienced something that **crumbled** your purpose? Yes/No
7. Have you ever experienced something that **dashed** your desire? Yes/No
8. Have you ever experienced something that **crashed** your mission? Yes/No
9. Have you ever experienced something that **zapped** your energy? Yes/No
10. Have you ever experienced something that **crushed** your ego? Yes/No
11. Have you ever experienced something that **disappointed** you? Yes/No
12. Have you ever experienced something that you **thought** - how am I ever getting out of this? Yes/No
13. Have you ever experienced something that **dented** your confidence? Yes/No

**Let’s review**: Could - should – might – knocked – questioned – crumbled – dashed – crashed – zapped - crushed – disappointed – thought – dented

**Okay lean back** in your chair, arms down, breath in, let it out, shoulders relaxed, congratulations you made it through those experiences, you are alive and breathing in the current….Turn to the right and say congratulations you are breathing in the current….turn to the left and say congratulations you are breathing in the current…

**Content:**

Pull out your Brick Sheet and prepare to write on the bricks provided some of the issues you might have experienced, that are creating your wall, column-by-column,

**Past** Bricks - See column ONE…Rear View Mirror

**Current** Bricks – See column TWO…Look around

**Future** Bricks – See column THREE…Binoculars

**Unknown** Bricks – See column FOUR…Scratch your chin

Good Bricks are the shaded bricks

Not so good are the clear bricks

**Suggestions for shaded or clear Bricks**…The items on this list could be Good or Not so good bricks that’s for you to determine…..I will read slowly and give you time to write them down, in column 1-Past: 2-Current: 3-Future: 4: Unknown….listen up here they are….Health, Money, Family, Business, Letters, Emails, Pink Slips, lost weight, Doctor Reports, illness, depression, disappointment, discouragement, bereavement, relational breakdown, children, employees, family working for you, circle of sameness, excuses, safe zone, procrastination, opinions of others, fear, behavior, doubt, wandering, lack of mission, lack of purpose, old tapes, truth, your pace, choices, debt, party, first child,

**Let’s pause regroup our thoughts……….**

**Have you** ever played the game of hearts? One of the fun rules of hearts is where you pass three cards to the left or right dealer’s choice…you are ridding yourself of the cards (or bricks you don’t want…not knowing what you might receive back…that’s sort of like life.

**Just like** the game of hearts we are going to pass some bricks to your current friends. How about giving some of your bricks to someone else? Share your bricks!

1. **Lean** to your right share a brick; scratch it off your wall and write one of your bricks on their wall.
2. **Lean** to your left share a brick; scratch it off your wall and write one of your bricks on their wall.
3. **Lean** to your right share a brick; scratch it off your wall and write one of your bricks on their wall.
4. **Lean** to your left share a brick; scratch it off your wall and write one of your bricks on their wall.
5. **Lean** to your right share a brick; scratch it off your wall and write one of your bricks on their wall.
6. **Lean** to your left share a brick; scratch it off your wall and write one of your bricks on their wall.

Have someone share what the other person wrote on their brick wall.

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**Question Regroup…..**

Which are your toughest bricks to take down from the wall?

Shout it out loud…

Are there some of your bricks you want to keep?

Shout it out loud….

OKAY---Let’s try that again…..IF NEEDED

**Choices:** Hold your sheet up in front about chest high.…..**Peak** over the wall – **Look** around the wall – **Dig** under the wall – **Step** over – **Jump** Over – **Walk** through ---- It’s your choice.

**Repeat** after me…...it is okay….to acquire some bricks…**JUST DON’T…LET THE MORTAR DRY**….

**Repeat** after me…...it is okay….to acquire some bricks…**JUST DON’T…LET THE MORTAR DRY**….

**Close:**

Remember……All your experiences past - current – future – unknown are always going to happen…

Remember your choices to: **Peak** – **Look** – **Dig** – **Step** – **Jump** – **Walk**….through your brick walls.

Let’s have a great day….Let’s have a great day….Let’s have a great day.

**WOW - Words of Wisdom**

All reports are in, life is now officially unfair.

If all is not lost, where is it?

It is easier to get older that it is to get wiser.

Have a blessed day!